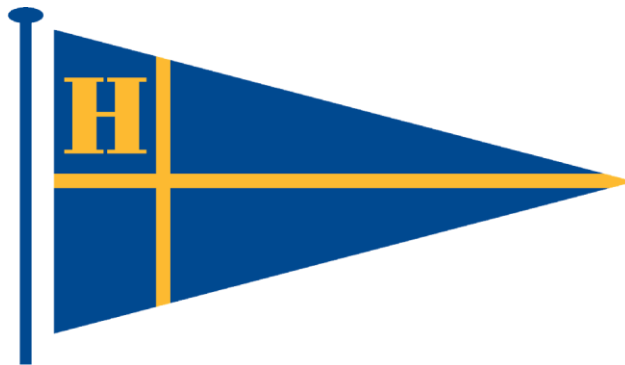


WAIODA Optimist State Championships 2025  
Friday 7 November to Sunday 9 November 2025

# SAILING INSTRUCTIONS

Organising Authority



**Hillarys Yacht Club**

Hillarys Yacht Club (Inc.)

Proudly Sponsored by



In conjunction with

Western Australian International Optimist Dinghy Association



## REVISION HISTORY

Rev	Description
0.1	First draft by Race Committee chair John Porter
0.2	Review and amended by Jury chair Christina Heydon
0.3	Needs sponsor details added to cover page. Also needs paragraph numbering reformatted as out of sequence after 4, 4.1 missing, then 5 goes to 6.1. Will also need course attachment 4 added as word doc or pdf (pasted as jpg at the moment)
0.4	Updated PTL from 30 to 60 mins (16.3.
1.0	Final for signoff
1.1	Amended to align NoR scoring to SI's

## RECORD OF AMENDMENT

**The amendments listed below have been incorporated in this copy of the publication.**

No	Para No	Description of changes
1	17.2	Aligned when 8 or more races are completed to NoR

## **1. RULES**

- 1.1. The event is governed by the Rules as defined in
  - a) The Racing Rules of Sailing (RRS), with Australian Sailing Prescriptions.
  - b) The Australian Sailing Special Regulation Part 2 Off the Beach Boats. [DP]
  - c) Optimist class rules [DP]
  - d) Appendix T – Arbitration shall apply.
- 1.2. RRS 44.1 is changed so that the Two Turn Penalty is replaced with the One Turn Penalty.
- 1.3. The Notation [DP] in a rule in these Sailing Instructions means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.
- 1.4. The Notation [NP] in a rule in the Sailing Instructions indicate a breach of that rule will not be grounds for protest by a boat.
- 1.5. The Australian Sailing Special Regulations Part 2, regulation 5.01 (Personal Flotation Devices) will be enforced for all sailors [DP].

## **2. COMMUNICATIONS WITH COMPETITORS**

- 2.1. Notices to competitors will be posted on the Race Control notice board located at HYC Race Office
- 2.2. While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

## **3. CHANGES TO SAILING INSTRUCTIONS**

- 3.1. Any changes to the sailing instructions will be posted on the HYC web page: <https://hillarys yachtclub.com.au/2025-26-optimist-states-hyc> and also hard copy on the Race Control notice board no later than 60 minutes before the first warning signal for the session in which the change will take effect.

## **4. CODE OF CONDUCT [ DP]**

- 4.1. Competitors and support persons shall comply with reasonable requests from race officials. See ATTACHMENT 1 Support Persons Code of Conduct.  
<https://www.sailingresources.org.au/clubsclasses/codes-of-conduct/> [DP].

## **5. SIGNALS MADE ASHORE**

- 5.1. Signals made ashore will be displayed from the Tower flag pole.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in "Race Signals AP".

**6. SAFETY REGULATIONS / SIGN ON AND OFF [ NP][ SCP]**

- 6.1. All skippers shall sign on, upon the sheets provided at the Race Office, prior to going afloat for racing in any session. [NP]
- 6.2. All skippers shall sign off within one hour of the finishing time of the last boat in its last race of the session, or the time the race committee signals 'no more racing today', whichever is later. [NP]
- 6.3. A boat that retires from a race is requested to notify a support boat upon leaving the course area, and sign off as soon as practicable after returning to the shore. [DP] [NP]
- 6.4. Scoring Penalty [SCP]. Failure to sign on or sign off will result in a competitor being penalized 2 points in the race closest to each breach, but not worse than DNF.



**7. SCHEDULE**

- 7.1. The regatta will consist of a maximum of 10 races for the Intermediate and Open fleet
- 7.2. There shall be no more than 4 class races sailed back to back in a Session
- 7.3. Additional briefings will be held at the discretion of the Race Committee

WAIODA Optimist State Championships 2025 – Sailing Instructions

<b>DATE</b>	<b>TIME</b>	<b>EVENT</b>	<b>LOCATION</b>
Friday 7 November 2025	13:00 – 17:00	Regatta registration	HYC race office
Saturday 8 November 2025  Morning session	0800	Volunteer, Coaches and Officials Briefing	In front of Dinghy Club House
	0900	Competitors Briefing	In front of Dinghy Club House
	1000	First Warning Signal	Session One
Lunch	1200 approx.	Lunch	IMPORTANT NOTE: LUNCH MAY BE TAKEN ON WATER
Afternoon session	1300	First Warning Signal	Session Two
Sunday 9 November 2025	0730	Volunteer Briefing	In front of Dinghy Club House
	0800	Competitors Briefing	In front of Dinghy Club House
Morning session	0900	First Warning Signal	Session Three
Lunch	1200 approx.	Lunch	IMPORTANT NOTE: LUNCH MAY BE TAKEN ON WATER
Afternoon session	1300	First warning Signal	Session Four
	1500	No Warning Signal after 1500	
Presentations	After Racing	Presentations	Main Clubhouse

**8. CLASS FLAGS**

Class	Flag
Open Fleet	
Intermediate Fleet	
Green Fleet	

- 8.1. Competitors in the Optimist Intermediate fleet shall fly a pink-coloured streamer attached to the top of their sprit. The streamer will be supplied by the Organising Authority (OA). [NP]
- 8.2. Competitors in the Optimist Green fleet shall fly a green-coloured streamer attached to the top of their sprit. The streamer will be supplied by the Organising Authority (OA). [NP]

**9. RACING AREA**

- 9.1. The Racing Area will be the waters of the Indian Ocean adjacent to the Hillarys Marina as illustrated by the drawing attached. ATTACHMENT 3.

**10. COURSES**

- 10.1. The diagrams in ATTACHMENT 4 show the planned courses.

**11. MARKS**

- 11.1. Marks 1 and 2 will be inflatable Pink conical buoys, gates 3S 3P and 4S 4P will be orange pimples, and mark 5 will be a Red Inflatable cylinder buoy depicted in course diagrams ATTACHMENT 4.

**12. AREAS THAT ARE OBSTRUCTIONS**

- 12.1. The following areas are designated as obstructions and are indicated in ATTACHMENT 3: Cow Rocks, Wanneroo Reef, and Little Island

**13. THE START**

- 13.1. Races will be started by using RRS 26.
- 13.2. The starting line will be between a staff displaying an orange flag on the Start vessel at the starboard end and the port-end starting mark.
- 13.3. Boats whose warning signal has not been made shall remain in the Exclusion Zone 100 metres

to the starboard side of the Start Finish vessel to avoid the start / finish areas during the starting sequence for other fleets' races.

- 13.4. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rule A4 and A5.
- 13.5. If a General Recall is signaled, that fleet will start after the next sequence. The raising of the next fleets' warning signal will not be delayed. This changes RRS29.2 and Race Signals First Substitute.

#### **14. THE FINISH**

- 14.1. The finishing line will be between a staff displaying a Blue flag on the finish vessel at the port end and the starboard-end finishing mark.

#### **15. TIME LIMITS AND TARGET TIMES**

- 15.1. Time limits and target times are as follows:

Class	Time limit	Target	Mark 1 time
Optimist	60 mins	35 mins	20 mins

- 15.2. If no boat has passed Mark 1 within the Mark 1 time limit, the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 15.3. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5.

#### **16. PROTESTS AND REQUESTS FOR REDRESS**

- 16.1. Boats intending to protest shall inform the Race Committee immediately after finishing that race by approaching the starboard side of the Race Committee vessel at the Finish line and hailing the protested boat's sail number.
- 16.2. Protest forms are available at the Hillarys Yacht Club Regatta Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.3. For each Class, the protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 16.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at Hillarys Yacht Club – Regatta Office.

#### **17. SCORING**

- 17.1. The Low Point scoring system, RRS Appendix A 4.1 will apply.
- 17.2. 5 races are required to be completed to constitute a series.
  - When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.

- When from 5 to 7 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- When 8 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst two scores.

## **18. SUPPORT VESSELS**

18.1. Support vessels shall be marked with green/white rescue flags [DP] and shall be registered and radio in to start prior to entering the racing area

## **19. REPLACEMENT OF CREW OR EQUIPMENT**

19.1. Substitution of competitors will not be allowed without prior written approval of the Race Committee.

19.2. Substitution of damaged or lost equipment will not be allowed unless authorized by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity

## **20. EQUIPMENT AND MEASUREMENT CHECKS**

20.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

## **21. TRASH DISPOSAL**

21.1. Boats shall not put trash in the water. Trash may be placed aboard support and race committee vessels.

## **22. PRIZES**

22.1. Prizes will be distributed at the discretion of the Organising Committee for the Regatta and WAIODA.

## **23. DISCLAIMER OF LIABILITY**

23.1. Competitors participate in the regatta entirely at their own risk. Attention is drawn to RRS 3 "Decision to Race" which states "the responsibility for a boat's decision to participate in a race or to continue racing is her's alone".

23.2. HYC is not responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.

23.3. HYC as the Organising Authority, its associates and appointees will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

**24. FURTHER INFORMATION**

For further information please contact:

Hillarys Yacht Club

Email: [admin@hillarysyachtclub.com.au](mailto:admin@hillarysyachtclub.com.au) Telephone: 9246 2833

Event Website: <https://hillarysyachtclub.com.au/web/pages/2025-26-optimist-states-hyc>

## RRS DEFINITIONS

### ***Support Person***

Any person who

- (a) provides, or may provide, physical or advisory support to a competitor, including any coach, trainer, manager, team staff, medic, paramedic or any other person working with, treating or assisting a competitor in or preparing for the competition, or
- (b) is the parent or guardian of a competitor.

## **SUPPORT PERSONS CODE OF CONDUCT [ DP]**

<https://www.sailingresources.org.au/clubsclasses/codes-of-conduct/>

This code of conduct is underpinned by the following core values:

- To act within the rules and spirit of our sport.
- To display respect and courtesy towards everyone involved in our sport and prevent discrimination and harassment.
- To prioritise the safety and well-being of children and young people involved in our sport.
- To encourage and support opportunities for participation in all aspects of our sport.

Support People shall:

- Remember that children participate in sailing or boating for their enjoyment, not yours.
- Encourage children to participate, not force them.
- Focus on the child's efforts and performance rather than winning or losing.
- Encourage children to sail or boat according to the rules and to settle disagreements without resorting to hostility, violence or abuse.
- Never ridicule or yell at a child for making a mistake or losing a race.
- Remember that children learn best by example. Appreciate good performances and skills displayed by all participants.
- Support all efforts to eliminate verbal and physical abuse from sport.
- Respect officials' decisions and teach children to do likewise.
- Show appreciation of the efforts of volunteer coaches, officials, administrators and other helpers as without them there would be no sport for your children to participate in.
- Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.

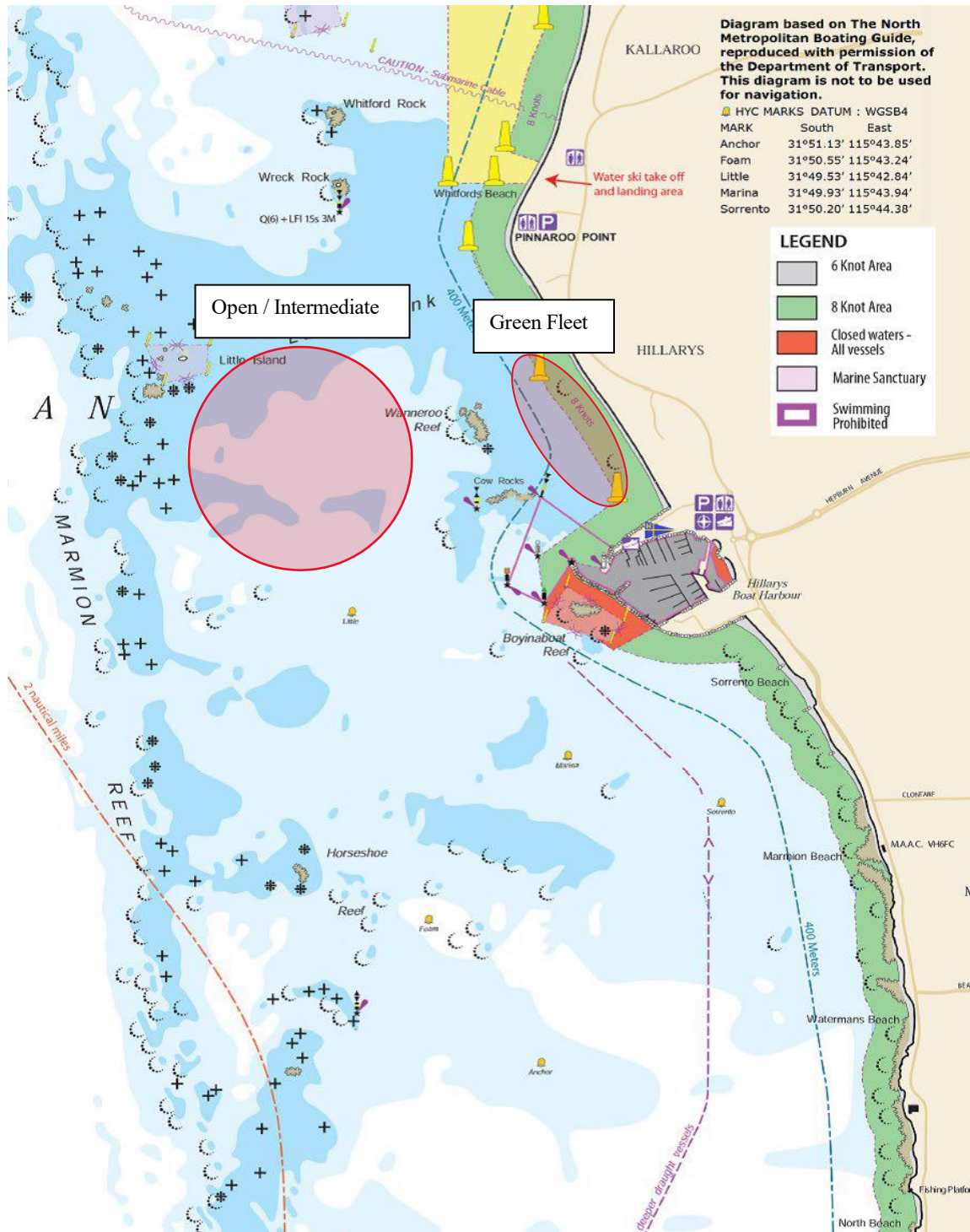
# ATTACHMENT 2

## HYC VENUE



# ATTACHMENT 3

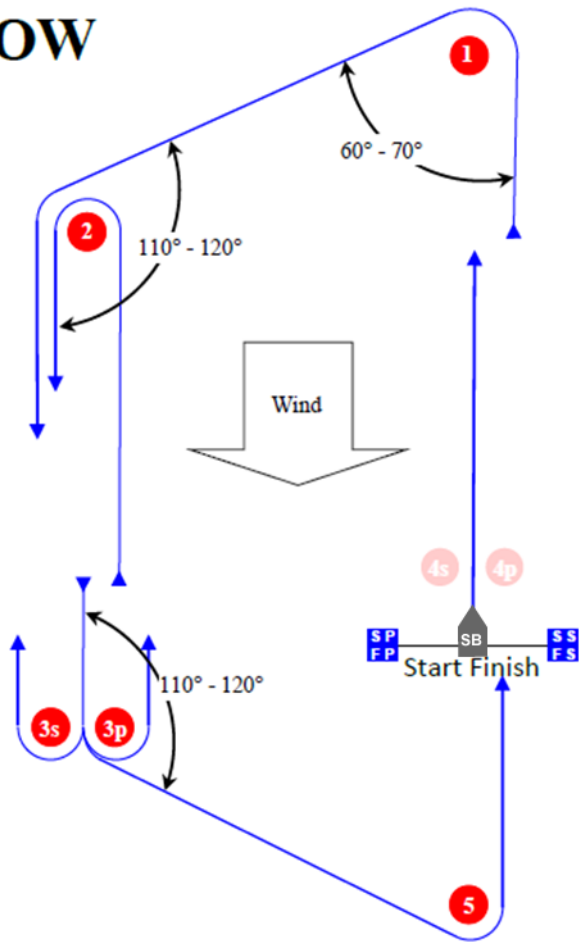
## RACE AREA / GREEN FLEET



# ATTACHMENT 4

## COURSE

### OW

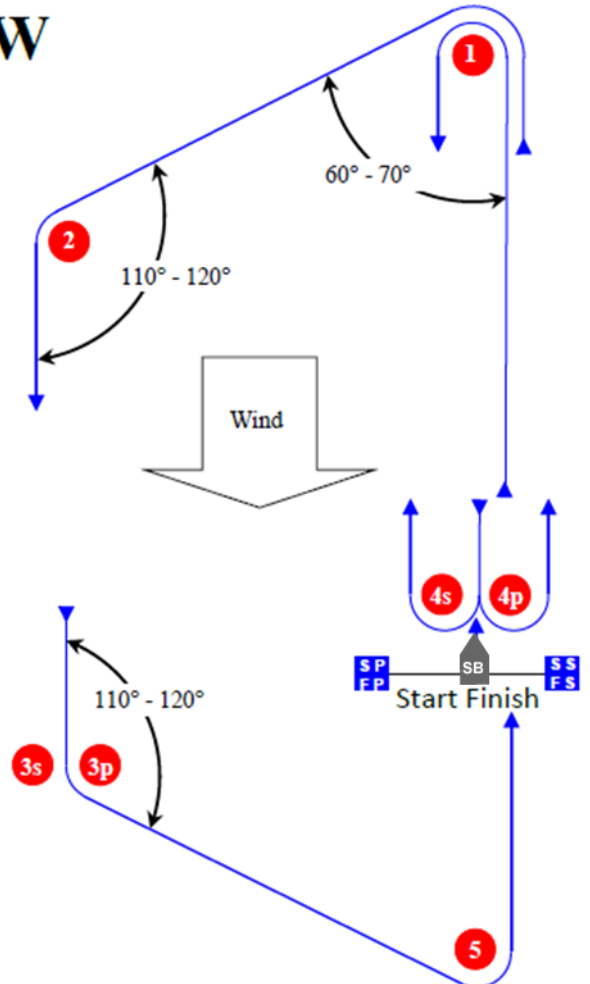


**Course: Outer Trapezoid with beat to finish**

#### Open fleet Optimist

Course	Mark Rounding Order
1	Start – 1 – 2 – 3s/3p – 2 – 3p – 5 – Finish
2	Start – 1 – 2 – 3s/3p – 2 – 3s/3p – 2 – 3p – 5 – Finish
3	Start – 1 – 2 – 3s/3p – 2 – 3s/3p – 2 – 3s/3p – 2 – 3p – 5 – Finish

### IW



**Course: Inner Trapezoid with beat to finish**

#### Intermediate fleet Optimist

Course	Mark Rounding Order
1	Start – 1 – 2 – 3p – 5 – Finish
2	Start – 1 – 4s/4p – 1 – 2 – 3p – 5 – Finish
3	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 2 – 3p – 5 – Finish